AUTISM PARENTING MAGAZINE SUBMISSION GUIDELINES

*Autism Parenting Magazine* is the leading monthly magazine for parents of autistic children as well as professionals seeking to work with children on the spectrum. Established in 2012, our focus remains on objectively publishing autism-related topics, events, developments, treatments and news stories. We also cover a variety of inspiring real-life stories to help parents make informed decisions and keep them updated on the latest therapeutic and treatment options.

*Autism Parenting Magazine* strives to respects and values the opinions of people with autism, parents, and professionals. We try to remain unbiased on most issues to provide accurate and safe information/methods to parents so they can make the most informed decision about their unique circumstances.

**What should I write about?**

Ideally, the topic needs to be relevant to the magazine. Any subject that is related to parenting a child with autism or being a person on the spectrum would be considered appropriate. We do ask that you submit a topic, title, or idea of the article to make sure that someone hasn’t already covered the same subject in recent months by emailing Amy KD Tobik, Editor-in-Chief at editor@autismparentingmagazine.com.

**What does the editor look for in a submission?**

All submissions for relevance, honesty, respectability, readability, and value to the autism community. She will not select an article if the topic was recently covered, it is not in the best interest of the readers, or if it will cause the magazine legality issues. Consider your audience—always watch your autism spectrum disorder (ASD) language. Articles using words such as “cure,” “epidemic,” “devastating disease,” and variants of them are not a good fit for our readers. For more information, take a look at the *Autism Parenting Magazine* website.

*Please note submission does not guarantee selection. Due to a large number of articles received each week, APM requires all submissions strictly follow our guidelines and process.*

**HOW DO I SUBMIT AN IDEA OR ARTICLE?**

**Original content:** We require content that has not been previously published or posted online. Please avoid slang or negative language and spell check your work (set your review language to English/American, if possible). Cite your sources at the end of your article to avoid plagiarism and please be aware of singular and plural cases. For example, when talking about "a child with autism," you would use "he/she." If referring to "children with autism," you would use plural terms such as "them or they."

The editor is happy to discuss ideas prior to submission and possibly assign a piece with a deadline.

**Length:** Your submission should be between 600-1,300 words. We look for a mix of longer and shorter articles in the magazine, and our readers seem to enjoy guidance written in list form (e.g., *Five Ways to Reduce the Effects of Sensory Overload*). Personal narratives should stay below 1,000 words, if possible.
We do occasionally publish longer articles, however, exceptions must be preapproved by the editor. Please note, we may need to change the title of your piece to help improve marketability.

**ARE YOU READY TO SUBMIT YOUR ARTICLE?**

**Email:** Send your submission to Amy KD Tobik at editor@autismparentingmagazine.com.

**Email subject line:** Submission, last name
Example: Submission, Jones

**Copy:** Please use 11pt Calibri font. Save your article with your name and working title, attach it to the email, and send directly to Amy. If you are unable to submit in Word, contact the editor for guidance.

**Bio:** Please include a short bio written in the third person. Include a headshot, if you like.

**Professional titles:** Be sure to add your professional titles to the byline and the bio.
Example: Jim Jones, MD

**Links:** At the end of your article, include links to your website, products (if applicable), and your social networks (Facebook, Instagram, Twitter), if you like. Make sure your links are properly hyperlinked.

**Images:** If you wish to include additional pictures with the article, please attach them in jpg format and also paste them in the document (either at the beginning or the end). We cannot guarantee all photographs will be used.

In addition, please include a statement granting *Autism Parenting Magazine* permission to use the images must be included. If other people are in the frame, please confirm permission from them for publishing.

Our graphic design team will handle arranging and sizing the images. If you don't have images, we have a terrific team that can find appropriate images to go with the article.

**IMPORTANT TO NOTE**—If you have sent the same article to more than one publisher, you need to provide that information to us during the submission process. We post our content on the Internet so more people affected by autism can be reached, but we don't want to double-post. We will let you know when your article is promoted on our blog.

By submitting an article, you are also confirming that article submission is bound by our Submission Agreement.

**Checklist**

Please ensure you have completed the following steps:

- My article is an appropriate subject and length
- I am sending a Microsoft Word doc as an attachment to an email
- If I have MS Word, my article is in 11pt Calibri Font
- I checked my spelling and grammar (please set your review language to American, if possible)
I included a bio written in third-person at the end of the piece and included titles
If I have photographs, I put them at the top or the bottom of the Microsoft Word document
I sent my email to editor@autismparentingmagazine.com with “Submission” in the subject line along with my last name.

WHAT HAPPENS IF MY WORK IS SELECTED?
If your piece is chosen, you will be notified by email and will receive a free 12-month digital subscription to Autism Parenting Magazine. Please note that not all submissions will be published.

Your work may be edited. These changes are to increase readability and to ensure that all language is as respectful as possible. Significant changes and edits will be emailed to you for your review. Please send your approval or comments back to the editor as soon as possible. If only minor edits are made, then you will not receive an email for you to approve. Authors are given credit for their work by listing their name under the title, and at the end of the article in the biography.

Please note
Do not email the editor repeatedly (more than twice) asking about your article or contact her through other social media. You may email her a follow-up email to make sure that she did, in fact, receive your email but she is not required to explain why your article was or was not chosen.

Please note the editor may save your article for an upcoming issue as we work several months in advance. We will let you know if your piece will be used and send you a free digital copy of the issue as soon as it is published. By submitting an article, you give Autism Parenting Magazine permission to use your work in an issue we see fit.